

Innovating Epigenetic Solutions

ExolP kits

Cat. No. C28010001 (ExoIP Composite kit) C28010002 (ExoIP CD9 kit) C28010003 (ExoIP CD63 kit) C28010004 (ExoIP CD81 kit) C28010005 (ExoIP EpCAM kit)



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Introduction

ExoIP kits are the appropriate solution to **isolate** and **enrich exosomes** from diverse biological fluid samples and avoid contamination from vesicules or aggregates.

Exosomes are extracellular small vesicules of 30-100 nm constitutively released under certain stimuli in biological fluids including blood, urine, saliva, breast milk, culture medium of cell cultures, etc. Exosomes contain various molecular constituents of their cell of origin, including proteins and RNA. Circulant exosomes can potentially act as cargo messenger and transfer molecules from one cell to another via membrane vesicle trafficking. Exosomes are suitable for a variety of downstream applications including RNA analysis, protein analysis, etc.

ExolP kits consist of **immunoprecipitation method** using magnetic capture beads coupled with antibodies that recognize exosome surface antigens for an optimal pure and high quality of exosome isolation.

5 exosome isolation kits were developed to optimize serum, plasma and cell culture supernatant exosome isolation:

- ExoIP CD9 kit
- ExoIP CD63 kit
- ExoIP CD81 kit
- ExoIP EpCAM kit
- ExoIP Composite Kit

Advantages of Diagenode's ExoIP kits:

- **Highly pure exosome population obtained after isolation**: ideal for RNA and non-coding RNA analysis (microRNA) protein analysis, Western blot, ELISA, flow cytometry, and more!
- Ready to use, high-quality: includes antibody-conjugated beads and optimized BSA-free buffers
- Sample diversity: serum, plasma, and cell culture supernatant
- **Highly validated with multiple methods**: Western blot, electron microscopy, RT-qPCR, dynamic light scattering, and flow cytometry

Product components

- Magnetic capture beads of 3µm diameter coupled with anti-CD63 antibodies that recognize exosome surface CD63 antigens.
- Treatment buffer that decreases the non-specific binding on the magnetic bead
- Washing/dilution buffer
- Exosome elution buffer to recover after immunocapture fully intact and functional exosomes

ExoIP kit components	Amount
Magnetic capture beads	2 ml
Treatment buffer	30 ml
Washing/dilution buffer	60 ml
Elution buffer	1.5 ml

ExolP kits	Magnetic capture beads
ExoIP CD9	CD9 capture beads
ExoIP CD63	CD63 capture beads
ExolP CD81	CD81 capture beads
ExoIP EpCam	EpCAM capture beads
ExoIP Composite	Mixture of CD9, CD63, CD81 and EpCAM capture beads

Storage

Store à 2-8°C, DO NOT FREEZE.

Required equipments

- Magnetic tube stand.
- Vortexer and sample shaker.
- Buffer for suspending bead-exosome complex.
- Gel filtration device or ultrafiltration for buffer exchange [optional]
- Vivaspin 20 (Sartorius); PES; 50k Da

Recommended protocols

Sample	Treatment Buffer *	Capture Beads **	Total
100 µl	100 μl	Western blotting 100 µl	200 µl
250 µl	250 μl	Flow cytometry 50 µl	500 µl
500 µl	500 μl	qPCR for microRNA 500 μl	1000 µl
1000 µl	1000 µl	(remove dispersion liquid before use)	2000 µl

* We recommend to substitute treatment buffer with washing/dilution buffer for low-protein sample.

** This is a recommended volumes for a standard usage. It should be adapted according target abundance and application.

Protocols

1. Cell culture guidance

The two cell lines have been used as models for the characterization of the exosomes: HeLa & HEK293T. The cell culture was conducted into traditional cell culture flasks. The possibility of switching to a bioreactor culture is of great advantage since it can possibly greatly reduce the main concern of the workflow that is the low exosome recovery in the final preparation. In this case, we will recommend using the bioreactors from Integra.

The cell culture is actually the critical point and cannot be resume by a standardization.

Here is some guidance about how cell culture can drastically change the exosome secretion:

- The exosome secretion depends directly of the cell type considered. (For example, it is generally known that endothelial, dendritic and immune cells are cell types abundantly secreting exosomes)
- The medium chosen for the cell culture may influence the exosome secretion of the cells since exosomes are a way of intercellular communications. This communication may change if the growing environment is changing itself
- The time of secretion obviously play a role in the quantity of exosomes that will be recovered when harvesting the conditioned culture media. Usually, the research papers are describing a secretion time varying from 24h to 72h. The user will have to determine the optimal secretion time for his cell culture since not all the cells can handle a long secretion time of 72 hours.
- For the secretion period during the cell culture, **FBS depleted extracellular vesicules** (EV's) has to be used in the culture medium. Either culture medium without any serum at all or culture medium complemented with serum but depleted from EV's. The depletion of the serum from extracellular vesicles is usually performed by ultracentrifugation.

The following **depletion protocol** was used to eliminate EV's out of the Fetal Bovine Serum (FBS):

- Ultracentrifuge: Optima L-90K (Beckman Coulter); Rotor: SW32
- Centrifugation 18 hours (overnight) at +4°C with a speed of 110.000g
- <u>The serum has first to be diluted in culture medium</u> in order to decrease its inherent viscosity that may hamper the exosomes depletion by centrifugation D pelleting efficiency. A dilution factor of 2.4 was used for our depletion protocol (50 ml of serum in 120 ml complete medium).
- After the depletion by ultracentrifugation, the resulting serum diluted in medium is sterilized through a 0.2 μm filter.

2. Pre-enrichment/concentration

The aim of the concentration step is to **increase the exosome quantity in the sample** of interest. This is particularly important for cell culture supernatant that may not contain quantity of exosomes since some cell lines may be poor at extracellular vesicles secretion.

For other kind of samples such as serum or plasma, this step <u>can be avoided</u> since it may already <u>contain enough</u> <u>exosomes</u> for the subsequent immunocapture and the following downstream analyses.

Two important factors have to be considered before performing the concentration:

- 1. Do my cells secrete a lot of extracellular vesicles? If not, pre-enrichment/concentration will be done.
- 2. Do I need a lot of exosomes for the downstream analyses that I plan to perform?

Several pre-enrichment/concentration techniques can be considered such as:

- Ultracentrifugation
- Size exclusion chromatography (SEC)
- Precipitation with volume-excluding polymer (such as PEG)

All of these techniques are suitable for the pre-enrichment of the exosome fraction in the sample and can be used before the selective immunocapture but based on our quality criteria, **ultrafiltration** seems to be the best compromise to concentrate exosomes.

Ultrafiltration (UF) can yield to highly concentrated exosome preparations with a great efficiency in comparison to other well-known techniques to only can enrich a sub-fraction of the exosome population or even damage the integrity of the vesicles.

To perform a concentration, we recommend the **Vivaspin columns from Sartorius**. Amicon columns from Millipore are also a suitable device but have been less extensively used during the design of those kits.

Using the right UF column is of the upmost importance! That's why it's important to respect the following advices:

- Membrane chemistry : Polyethersulfone (PES) or cellulose acetate (CA)
- Membrane molecular weight cut-off (MWCO) : 50k Da or 100k Da but not lower or higher since lower cut-off will result in an increase of retained soluble proteins that may hamper the further immunocapture and higher can lead to an exosome loss.
- Wash and hydrate the membrane before loading the sample
- Use centrifugation based devices and not pressure driven units

Here is the **protocol** used by the research team during the design of the kits:

- Wash the column with 20 ml PBS(1X) at 3000g for 20 minutes at room temperature
- Saturate the membrane and the housing with 20 ml of 1% BSA solution diluted in PBS (1X). The saturation is performed overnight at room temperature and has for aim to decrease the effect of non-specific binding of the proteins and thus the exosomes to the column.
- After the overnight passivation, wash the membrane manually by pipetting with 1 or 2 ml of PBS (1X)
- Wash the membrane with 20 ml PBS (1X) with a 20' centrifugation at 3000g at room temperature.
- The sample can be loaded on the membrane. This sample is called conditioned culture medium (CCM) because it contains now exosomes ready to be processed. Before loading it on the ultrafiltration membrane, a few steps have to be done:
 - 1. Centrifuge the CCM at 3000g for 30' at room temperature in order to pellet the floating cells and large debris.
 - Filter the resulting supernatant through a 0.2 µm cut-off in order to deplete the filtrate from large vesicles or aggregates. Pressure is again one important factor to take into consideration since vesicles even larger than 200 nm can pass through the filter or break down if the pressure applied is too important.

The concentration factor depends on the sample volume input but it is preferable not to reach a high fold, above 50X, to avoid exosome aggregation, vesicle damage or loss. The final concentrate volume for one sample to be processed for the immunocapture needs to be less than 1 ml.

For those reasons, a 20X concentration fold was chosen.

To reach this concentration, a speed of 3000g during 30' at room temperature can be applied. It is not advised to increase the centrifugation speed to reach earlier the desired fold since it can cause vesicles aggregation or vesicles trapping inside the pores of the membrane

• Then, the concentrate can be recovered manually by pipetting and stored for the day at +4°C before processing it for immunocapture. It is not advised to keep the concentrated conditioned culture medium for more than several hours at +4°C since it can lead to exosome degradation. For the same reason, it is better not to freeze the sample before processing it to immunocapture.

3. Immunocapture protocol

Advices

Use fresh samples prior immunocapture since freezing may damage the surface integrity of the vesicles and thus decrease the binding efficiency

Always prefer a long incubation period at +4°C. Optimal binding efficiency can be reached between 21 to 24 hours incubation.

It is important to use 2 ml tube for proper mixing conditions during the incubation period

Protocole 1. Cell and Debris Pre-Clearance Procedure

- 1. Prepare the appropriate size tubes for your sample.
- **2.** Dispense the sample into tube.
- 3. Centrifuge the tubes at 300 x g at 4°C for 10 minutes.
- 4. Transfer supernatant to a new tube.
- 5. Centrifuge the tubes at 2000 x g at 4°C for 20 minutes.
- 6. Transfer supernatant to a new tube.
- 7. Centrifuge the tubes at 10,000 x g at 4°C for 30 minutes.
- **8.** (Optional) Filter the final supernatant with a 0.22 μ m filter unit.
- 9. The sample is now ready for immediate use with ExoIP kit or storage at -80°C.

Protocole 2. Exosome Capture Procedure for Western blotting

(Example: 100 µL beads, 1 mL sample. We recommended to adjust capture beads amount according to your target abundance)

- 1. Set 2 mL microfuge tubes on a magnetic tube stand.
- Suspend ExoIP magnetic capture beads well using a vortexer and put 100 μL of the suspension into each microfuge tubes per sample.
- **3.** Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- 4. Add 1000 μL of treatment buffer for serum and plasma, or washing/dilution buffer for cell culture supernatant.
- **5.** Add 1000 μL of sample that has been cleared of cells and debris. (See above protocol 1. Cell and Debris Pre-Clearance Procedure)
- **6.** Incubate the sample for 20 minutes 24 hours at room temperature or 4°C with gentle mixing. (Note: the optimal reaction time and temperature may depend on the target abundance and stability.)
- 7. Briefly spin the tube to remove beads from the top of the tube.
- 8. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- 9. Wash the beads 2 times with 500 μL washing/dilution buffer. Mix the beads briefly but thoroughly. After 2 times washing, resuspend with 500 μL washing/dilution buffer and transfer whole this buffer containing ExoIP magnetic capture beads to a fresh tube.
- 10. Place the tube on the magnetic tube stand for about a minute and remove the supernatant carefully.

Move to Protocole 3. Preparation Protocol for SDS-PAGE or 2.4 section. Exosome Elution Procedure.

Option: In order to elute exosome proteins for Western blotting, you may add the appropriate lysis buffer directly to the beads according to your preferred method/kit. Place the tube on the magnetic tube stand for about a minute and collect the eluted sample.

Protocole 3. Preparation Protocol for SDS-PAGE

Continued from protocol 2

- 1. Add 20 μ L of 1x sample buffer to the magnetic beads and mix well.
- 2. Incubate 95°C for 5 minutes.
- **3.** Vortex and spin down.
- 4. Place the tube on magnetic tube stand about a minute.
- 5. Apply the total supernatant to a lane of SDS-PAGE.

Protocole 4. Exosome Capture Procedure for flow cytometry

(Example: 50 μ L beads, 300 μ L sample. We recommended to titrate the magnetic beads amount according to your target abundance.)

- 1. Set 2 mL microfuge tubes on a magnetic tube stand.
- Suspend ExoIP magnetic capture beads well using a vortexer and put 50 μL of the suspension into each microfuge tubes per sample.
- 3. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- 4. Add 300 µL of treatment buffer for serum and plasma, or washing/dilution buffer for cell culture supernatant.
- Add 300 μL of sample that has been cleared of cells and debris. (Note 1: please see above protocol 1. Cell and Debris Pre-Clearance Procedure, Note 2: Customer may use as little as 100 μL sample from according to target abundance.)
- **6.** Incubate the sample for 24 hours at room temperature or 4°C with gentle mixing. (Note: the optimal reaction time and temperature vary with the target abundance.)
- 7. Briefly spin the tube to remove beads from the top of the tube.
- 8. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- 9. Wash the beads 2 times with 250 µL washing/dilution buffer and resuspend in 300 µL PBS or your preferred buffer.

Protocole 5. Preparation of exosome-bead complexes for flow cytometer Analysis

Continued from protocol 4

- 1. Add optimized volume of fluorescent antibody of a target or isotype control to 100 µL of prepared exosome-beads complex. Mix gently by rotator for 1 hour. (Note 1: titration of antibody conditions are important for optimal signal.)
- 2. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- **3.** Wash the beads 1 time with 300 μ L PBS or your preferred buffer.
- 4. Add 300 μL of PBS or your preferred buffer for flow cytometry.
- 5. Perform flow cytometer analysis.

Protocole 6. Exosome Capture Procedure for quantitative PCR

We recommend 1 mL sample volume. Samples less than 1 mL may deteriorate Ct value. Recommended Capture Beads amount for qPCR sample preparation. You may titrate the magnetic beads amount according to your target abundance.

- 1. Set 2 mL microfuge tubes on a magnetic tube stand.
- Suspend ExoIP magnetic capture beads well using a vortexer and put 500 μL of the suspension into each microfuge tube per sample.
- 3. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- 4. Add 1000 µL of treatment buffer for serum and plasma, or washing/dilution buffer for cell culture supernatant.
- Add 1000 µL of sample that has been cleared of cells and debris. (Note 1: please see above protocol 1. Cell and Debris Pre-Clearance Procedure), Note 2: Customer may use as little as 100 µL sample from according to target abundance.)
- **6.** Incubate the sample for 24 hours at room temperature with gentle mixing. (Note: the optimal reaction time and temperature vary with the target abundance.)
- 7. Briefly spin the tube to remove beads from the top of the tube.
- 8. Place the tube on the magnetic tube stand for about a minute and remove the supernatant.
- **9.** Wash the beads 2 times with 500 μL washing/dilution buffer. Mix the beads briefly but thoroughly. Re-suspend with 500 μL and transfer the final washed beads to a fresh tube.

- 10. Place the tube on the magnetic tube stand for about a minute and remove the supernatant carefully.
- 11. Exosomes bound with ExoIP magnetic capture beads are ready for nucleic acids isolation.

4. Exosome Elution

After the immunocapture step, the samples can be recovered by a quick spin. A pre-centrifugation is preferred before the magnetic capture of the beads since it will greatly reduce the risks of losing beads in the supernatant and reduce the time to attract all the beads dispersed in the aqueous medium to the magnet.

A quick high speed centrifugation (9000g during 30" at room temperature) seems to be a good way to pellet all the beads to the bottom of the tube prior magnetic capture.

Two washing steps with the wash/dilution buffer are good to clean-up the preparation after the immunocapture. It is not necessary to perform more washing steps and this can be a source of potential beads loss and thus exosomes loss.

When the beads pellet is properly washed, the exosomes are then ready to be processed either for the elution or for the lysis:

Exosome Elution Procedure

Continued from Protocol 2. Exosome Capture Procedure for Western blotting

- 1. Add 25-50 µL of exosome elution buffer to resuspend the beads. Mix gently by pipetting (do not use a vortexer).
- 2. Incubate the beads without mixing for 3 minutes at room temperature whitout shaking
- 3. Place the tube on the magnetic tube stand for about a minute and transfer the supernatant to a fresh tube.
- 4. Immediately proceed to exchange the exosome elution buffer to washing/dilution buffer or your preferred buffer, such as PBS etc. The recommended buffer exchange is a diafiltration protocol using Amicon 0.5 3kDa columns. Vivaspin 0.5 3k Da are also suitable! but less used during our experiments
 - a. Load the eluted exosomes properly diluted with PBS 1X to a final volume of 500 µl on the Amicon column
 - **b.** Operate centrifugation cycles at 14000g at room temperature until a dilution factor of 50X is reached for the elution buffer

25 µl elution buffer (one sample) + 475 µl PBS 1X : 20X dilution

Centrifuge 10' 14000g RT Đ concentrate = 114 µl

114 μl + 386 μl PBS 1X Đ dilution factor of 4.3X Đ 20*4.3 = 86X for the initial amount of elution buffer Đ above 50X dilution : exosomes are safe !

Centrifuge one last time to reach to desired volume of concentrate

c. Recover manually by pipetting the concentrate containing the exosomes

Note: Exosome elution buffer contains a denaturing agent. The exosome elution buffer may interfere with downstream applications unless diluted to 20-100 times or exchanged with washing/dilution buffer or your preferred buffer. Washing/dilution buffer contains a synthetic polymer to reduce adsorption of exosomes on tubes and buffer exchange devices. However, the polymer may disturb certain downstream analysis of the exosomes.

Exosome direct lysis on the beads Procedure

For one sample:

- 1. Add 10-15 µl of RIPA 1X + protease inhibitors to the beads pellet.
- 2. Incubate 15' at +4°C.
- 3. Recover the supernatant containing the lysed exosomes.
- 4. Process it directly for downstream analysis or store it at -80°C until further use.

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